

# The Effects of Wife's Employment on Marital Relations and Psychological Well-Being Among Mexican-American Males

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## ABSTRACT

Data from the 1979 National Chicano Survey were analyzed using a path analysis model to examine the effects of wife's employment on the psychological well-being of Mexican-American men. Three hypotheses were examined. First, Mexican-American husbands whose wives are employed will not provide more help with household chores than their counterparts whose wives are not employed. Second, Mexican-American males who provide more help with household chores will report lower levels of marital satisfaction. Third, Mexican-American husbands whose wives are employed, who help more with household chores, and who report lower levels of marital satisfaction will experience higher levels of depression. The results show limited support for the model. While Mexican-American husbands do contribute more to household chores when their wives are employed, this participation is not significantly related to the level of marital satisfaction or the levels of depression.

## ABOUT THE AUTHOR

Dr. Cruz Coronado Torres is an associate professor at the University of Texas, Pan-American. She earned her Ph.D. in Philosophy at Texas A&M University, College Station in 1987. She earned both her Masters (in Interdisciplinary Studies) and her Bachelor's (summa cum laude) from Laredo State University. Her areas of specialization are psychology, sociology, and history. In addition to her current assignment, Dr. Torres has been an assistant professor at the University of Colorado, Denver, and a visiting assistant professor at Texas A&M.